

PSYCHOLOGICAL WELLBEING IN THE CONTEXT OF INCLUSIVE EDUCATION

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ABSTARCT

The scope of this study is to reveal the interconnection between psychological wellbeing and inclusive education. It is important to note that psychological wellbeing is a very complicated phenomenon and as such we need to describe the boundaries of its content. We suggest that the core of wellbeing is the subjective experience of social sufficiency of individual existence. On the other hand, the practice of the inclusive education is loaded with many social expectations, one of the main being to support psychological development and social consistency of the person. In the basis of exclusion stands the social diversity of the person. Negative feelings in the excluded individual provoke a decrease of psychological wellbeing. Thus, if we were to increase the effectiveness of the inclusive education, we would need to improve the psychological wellbeing of the individual. The improving could be realized through systematic social and psychological support, mainly in school and in the family.

Key Words: Psychological wellbeing, inclusive education, social support, personality, family.