

AN INVESTIGATION INTO FOREIGN LANGUAGE LEARNING ANXIETY, STRESS AND PERSONALITY IN HIGHER EDUCATION

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ABSTRACT

The purpose of the present study is to investigate the correlations between foreign language anxiety, coping with stress and personality characteristics in higher education learners. The study was carried out with 399 learners (164 females and 235 males). The learners' age ranged between 17 and 32, and the mean age was 19.30. The data collection instruments used in the study were Personality Test Based on Adjectives, Scale for Coping with Stress and the Anxiety Scale for Foreign Language Learning. Pearson's conduct moment correlations and independent samples t test were used to analyze the data. Statistical analyses revealed that the mean anxiety scores of the males and females did not differ significantly. Moreover, there was not a significant correlation between coping with stress and personality characteristics.

Key Words: Personality, coping with stress, foreign language learning anxiety.